Guidelines

For the Conduct of Test for Distinctiveness, Uniformity and Stability

on

Ashwagandha (Withania somnifera (L.) Dunal)



Protection of Plant Varieties and Farmers' Rights Authority (A Statutory Body created by an Act of Parliament) Government of India, New Delhi

Contents

Sl. No.	Item	Page
Ι	Subject	2
II	Seed materials required	2
III	Conduct of tests	2-3
IV	Methods and observations	3-4
V	Grouping of varieties	4
VI	Characteristics and symbols	4-5
VII	Table of characteristics	6-8
VIII	Explanations on the table of characteristics	9-25
IX	Literature	26
Х	Working group details	26
XI	DUS Test Centres	27

Ashwagandha (Withania somnifera (L.) Dunal)

I. Subject

These test guidelines shall apply to all varieties of Ashwagandha [Withania somnifera (L.) Dunal].

II. Seed material required

1. The Protection of Plant Varieties and Farmer's Rights Authority (PPV&FRA) shall decide when, where, and in what quantity of the seed's material is required for testing a variety denomination applied for registration under the Protection of Plant Varieties & Farmers Rights (PPV&FR) Act, 2001. Applicants submitting such seed material from a country other than India shall ensure that all customs and quarantine requirements stipulated under relevant national legislations and regulations are complied with.

2. The minimum quantity of 60 g seeds of varieties by the applicant should be divided equally into 10 packets containing 6 g each.

3. The seeds supplied quality should have the following standards:

- (i) Germination: at least 70%
- (ii) Purity: > 98% physical purity, highest genetic purity, and uniformity
- (iii) Moisture content: shall not exceed 8-9%

4. The seeds supplied shall meet the highest sanitary and phytosanitary standards.

5. The seed material submitted shall not have undergone any chemical and bio-physical treatments unless the competent authority allows or requests such treatment. If it has been treated, full details of the treatment must be given. Certified data on seed germination tests made not more than one month before submission should be provided.

III. Conduct of tests

1. The minimum duration of tests shall normally be at least two independent but similar growing seasons.

2. The test shall normally be conducted at least at two test locations. If any essential characteristics of the variety are not expressed for visual observation at these locations, the variety shall be considered for further examination at another appropriate test site or under special test protocol at the expressed request of the applicant, for which an additional quantity of seeds shall be required.

3. The field test shall be carried out under conditions favoring normal growth and expression of all test characteristics. The size of the plot shall be such that plants or parts of the plant could be removed for measurement and observation without prejudicing the other observations on the standing plants

until the end of the growing period. Each test shall include about 360 plants, in the plot size and planting space specified below across 3 replications. Separate plots for observation and for measurement can only be used if they have been subjected to similar environmental conditions. All the replications shall share similar environmental conditions of the test locations.

4. Test plot design

Plot size	$: 3.0 \times 2.4 \text{ m}$
Number of rows	: 8
Row length	: 3.0 m
Row to row distance	: 30 cm
Plant to plant distance	: 20 cm
Number of replications	: 3
Expected number of plants	: 120 × 3=360

5. Observations shall not be recorded on plants in border rows.

6. Additional test protocols for special purposes shall be established by the PPV&FR Authority.

IV. Methods and observations

1. The characteristics described in the Table of characteristics (see section VII) shall be used for the testing of candidate varieties and hybrids for their DUS.

2. For the assessment of 'Distinctiveness and Stability', observations shall be made on 90 plants or their parts, which shall be equally divided among three replications (30 plants per replication).

3. For the assessment of the 'Uniformity' of characteristics on the plot as a whole which shall be done by a single visual observation of a group of plants or parts of plants a population standard of 2% with an acceptable probability of at least 98% should be applied. In the case of a sample size of 360 plants, the number of off-types should not exceed 7.

4. For the assessment of all color characteristics of leaf, root, and berry, the Royal Horticultural Society (RHS) color chart 5th Edition 2007 and the latest edition shall be used.

5. Stage of recording observation on specific characteristics will be as follows:

Growth stages	*Decimal Code
Established seedlings	10
Active vegetative stage before flowering	20
Appearance of the first flower	30
50% flowering	40
Fruits fully developed before the color break	60
Ripened fruits	70
Dried berry (at harvest)	80
Fresh Root (at harvest)	90
Dry Root (shade dried)	100

* Total growth period of about 180 days (sowing to harvesting) was converted to decimal scale)

6. All observations on leaf and fruit characteristics will be examined on fully developed mature leaves and fruit clusters on the nodes between the 9^{th} to 11^{th} in the case of indeterminate varieties and between the 5^{th} to 8^{th} node of the main stem from the base in the case of determinate varieties.

7. All observations on dried roots will be done on dried roots with a moisture content of 10-12%.

8. Measurements shall be made in metric units.

V. Grouping of varieties

1. The candidate varieties for DUS testing shall be divided into groups to facilitate the assessment of distinctiveness. Characteristics that are known from experience not to vary or to vary only slightly within a variety and in which their various states are fairly evenly distributed across all varieties in the collection are suitable for grouping purposes.

2. The following characteristics shall be used for grouping Ashwagandha varieties:

- i. Plant: Growth habit (Characteristic 1)
- ii. Appearance of the first flower (Characteristic 3)
- iii. Leaf: Lamina shape (Characteristic 7)
- iv. Fruit: Berry color at fruit ripening (Characteristic 16)
- v. Seed color (Characteristic 21)
- vi. Root: Thickness of bark (Characteristic 27)
- vii. Root fracture (Characteristic 29)

VI. Characteristics and symbols

1. To assess Distinctiveness, Uniformity, and Stability, the characteristics and their states as given in the Table of characteristics (Section VII) shall be used.

2. Notes (1 to 9) shall be used to describe the state of each character for the purposes of digital data processing and these notes shall be given against the states of the different characteristics.

3. Legend (*) Characteristics that shall be observed during every growing season on all varieties and always be included in the description of the variety, except when the state of expression of a preceding phenological characteristic or by environmental conditions of the testing region.

(+) See explanations in the Table of Characteristics in Section VII. It is to be noted that for certain characteristics the plant parts on which observations are to be taken are given in the explanation of figure(s) for clarity and not for the color variation.

4. The type of assessment of characteristics indicated in column 7 of the Table of Characteristics is as follows:

MG: Measurement by a single observation on a group of plants or parts of plants

MS: Measurement of a number of individual plants or parts of plants

VG: Visual assessment by a single observation of a group of plants or parts of plants

VS: Visual assessment by observations on individual plants or parts of plants.

VII. Table of Characteristics

Sl.	Characteristics	States	Ν	Example varieties	Stag	Туре
No.			0	-	e of	of
			t		obse	assess
			e		rvati	ment
1			1	DVA 100	on (0	VC
	Plant: Growth	Determinate	1	RVA-100	60	VG
(QL*) +	паон	Indeterminate	9	Poshita		
2	Stem: Growth	Erect	1	Poshita	30	VG
(QL*) +	angle° from the soil surface)	Spreading	7	RVA-100, CIM-Pushti		
3	Flower:	Early (<90)	3	RVA-100	30	VG
(QN*)	Appearance of the	Medium (90-115)	5	CIM-Pushti, Poshita		
	first flower (days)	Late (>115)	7	Pratap		
4	Leaf: Lamina	Short (<7.0)	3	Arka Ashwagandha	40	MS
(QN)	length (cm)	Medium (7.0-10.0)	5	RVA-100, NMITLI-		
+				101	-	
		Long (>10.0)	7	CIM-Pushti, Pratap		
5	Leaf: Lamina	Narrow (<4.0)	3	RVA-100	40	MS
(QN)	breadth (cm)	Medium (4.0-7.0)	5	JA-134, NMITLI-118		
+		Broad (>7.0)	7	CIM-Pushti, Pratap		
6 (QL)	Leaf: Colour (RHS colour	Strong yellow-green (144A)	1	Manasa landrace	40	VG
	chart)	Moderate yellow- green (146B)	3	Arka Ashwagandha		
		Moderate olive green (147A)	5	Pratap		
7	Leaf: Shape	Lanceolate	1	RVA-100	40	VG
(QL*)	_	Ovate	3	JA-20		
+		Obtuse	5	CIM-Pushti, Poshita		
		Deltoid	7	JA-134		
		Elliptic	9	Pratap		
8 (PO)	Leaf: Deflection	Flat	1	Arka Ashwagandha,	40	VG
(1Q) +		Revolute	3	DWS37 (IC623444)	-	
•		Condunlicate	5	CIM-Pushti	-	
9	Leaf: Margin	Entire	1	RVA-100 Poshita	40	VG
(OL*)		Undulate	5	CIM-Pushti		
+			5			
10	Leaf: Apex	Acuminate	1	RVA-100	40	VG
(QL*)		Acute	3	CIM-Pushti		
+		Obtuse	5	Poshita		

11	Leaf: Pubescence	Sparse	3	RVA-100	40	VG
(QL*)		Medium	5	CIM-Pushti		
		Dense	7	Poshita		
12	Leaf: Petiole	Short (<1.75)	3	RVA-100	40	MS
(QN*)	length(cm)	Medium (1.75 - 2.25)	5	CIM-Pushti		
+		Long (>2.25)	7	Pratap		
13	Fruit: Calyx	Short (<2.2)	3	RVA-100, Poshita	70	MS
(QN) +	length(cm)	Long (≥2.2)	7	CIM Pushti		
14	Fruit: Calyx	Normal (<1.2)	3	VA-1, Poshita	70	VS
(QN*) +	inflation(cm)	Inflated (≥1.2)	5	CIM-Pushti		
15	Fruit: Berry	Small (<5.6)	3	Pratap	70	MS
(QN*)	diameter(mm)	Medium (5.6-7.0)	5	JA-20		
+		Large (>7.0)	7	RVA-100		
16 (QL)	Fruit: Berry colour (RHS colour	Vivid orange yellow (23A)	2	JA-20	70	VG
+	chart)	Strong orange yellow (28B)	4	Arka Ashwagandha		
		Vivid reddish orange (42A)	6	VA-1, Pratap		
17	Fruit: Number of	Low (<5)	3	Chetak, Poshita	70	MS
(QN)	berries per cluster	Moderate (5-8)	5	RVA-100		
+	per axil	High (>8)	7	CIM-Pushti		
18	Days to maturity	Early (<170)	3	RVA-100	80	MG
(QN*)	(days)	Medium (170-190)	5	CIM-Pushti, Poshita		
		Late (>190)	7	Pratap		
19	Number of seeds/	Low (<28)	3	RVA-100	80	MS
(QN)	berry	Moderate (28-35)	5	JA-20, Pratap		
		High (>35)	7	Arka Ashwagandha		
20	Seed shape	Reniform	3	Poshita	80	VG
(QL) +		Triangular	7	CIM-Pushti		
21	Seed colour (RHS	Light yellow (15D)	3	CIM-Pushti	80	VG
(QL)	colour chart)	Vivid yellow (17C)	5	JA-20		
+		Strong orangish yellow (26A)	7	VA-1, Pratap		
22	Seed test weight	Low (<1.85)	3	CIM-Pushti, Pratap	80	MS
(QN)	(1000 seeds) (g)	Medium (1.85-2.30)	5	RVA-100, Poshita		
		High (>2.30)	7	Arka Ashwagandha		
23	Plant height (cm)	Short (<60)	1	JA-20	80	MS
(QN*)		Semi-dwarf (60-90)	5	Arka Ashwagandha		
		Tall (>90)	7	CIM-Pushti, Pratap]	

24	Stem: Inter-nodal	Short (<2.0)	3	JA-20	80	MS
(QN*)	distance (cm)	Medium (2.0-4.0)	5	CIM-Pushti		
+		Long (>4.0)	7	Pratap		
25	Root: Main root	Short (<18)	3	JA-20	90	MS
(QN*)	length (cm)	Medium (18-30)	5	CIM-Pushti		
+		Long (>30)	7	Pratap		
26	Root: Main root	Thin (<18)	3	JA-20	90	MS
(QN*)	diameter (mm)	Moderate (18-25)	5	CIM-Pushti		
+		Thick (>25)	7	Pratap		
27	Root: Thickness	Thin (<1.75)	3	JA-20	90	MS
(QN*) +	of bark (mm)	Thick (≥1.75)	7	NMITLI-118		
28	Root (Fresh):	Pale yellow (161D)	1	JA-20	90	VG
(QL*)	Colour (RHS	Light yellow (162C)	3	CIM-Pushti		
	colour chart)	Moderate orange yellow (164 C)	5	Pratap		
29	Root (Fresh):	Brittle	1	JA-20	90	VS
(PQ*) +	Brittleness	Break with even fracture	3	CIM Pushti		
		Break with an uneven fracture	5	Pratap		
30	Leaf total	Low (<0.3)	3	CIM-Pushti	40	MG
(QN*)	withanolide	Moderate (0.3-1.0)	5	JA-134, NMITLI-118		
+	content (%) on dry weight basis	High (>1.0)	7	Pratap		
31	Leaf Withaferin-A	Low (<0.28)	3	CIM-Pushti	40	MG
(QN*)	content (%) on dry	Moderate (0.28-0.70)	5	JA-134, Poshita		
+	weight basis	High (>0.70)	7	Pratap		
32	Root	Low (<15)	3	Pratap	100	MG
(PQ*)	polysaccharide	Moderate (15-25)	5	Chetak, NMITLI-101		
+	content (%)	High (>25)	7	JA-20, Poshita		
33	Root fibre content	Low (<12.5)	3	JA-20	100	MG
(PQ*)	(%)	Moderate (12.5-20)	5	CIM-Pushti, Poshita		
+		High (>20)	7	Pratap		
34	Root Withanolide-	Low (<0.28)	3	Chetak	100	MG
(PQ*)	A content (%) on	Moderate (0.28-0.65)	5	Poshita, NMITLI-118		
+	dry weight basis	High (>0.65)	7	CIM-Pushti		
35	Root total	Low (<0.3)	3	JA-134	100	MG
(PQ*)	withanolide	Moderate (0.30-0.70)	5	RVA-100, Poshita		
+	content (%) on dry weight basis	High (>0.70)	7	CIM-Pushti		

VIII. Explanations on the Table of Characteristics

Characteristic 1. Plant growth habit

<u>Determinate (1):</u> The determinate type (RVA-100) produces a genetically predetermined number of inflorescences on each stem which may be variable among varieties (may be influenced by genotype-environment interaction). The stem ends with an inflorescence and further no lateral shoots are produced. The number of leaves or internodes between two consecutive inflorescent may be irregular from 0-3 within a plant. The stem may terminate variably with 10th inflorescence or 12th inflorescence within a defined range in a semi-determinate (CIM-Pushti) type habit.

<u>Indeterminate (9)</u>: In plant growth in which the main stem continues to prolongate from one of the lateral buds and the terminal bud is transformed into the inflorescence, the pattern repeats indefinitely. Leaves and/or internodes are observed between two consecutive inflorescences (Poshita).









Characteristic 2. Stem: Growth angle $^\circ$ from soil surface





Characteristics 4, 5 & 12 Leaf: Lamina length, breadth and petiole length (cm)

To be measured on fully developed leaves between the 5th to 8th node of determinate varieties and 9th to 11th node of indeterminate varieties from the base of the main stem from a sample size of 90 leaves. Lamina length from the lamina base to the lamina apex. Breadth shall be taken from the broadest area of the lamina. Petiole length is to be recorded from lamina base to the attachment point on the stem.



Lamina breadth



Petiole length



Characteristics 6 Leaf: Colour (RHS colour chart)



1 Strong yellow green (144A) 3 Moderate yellow green (146B)

5 Moderate olive green (147A)

Characteristic 7: Leaf: Lamina shape:



Characteristic 8 Leaf: Deflection







1 Flat

3 Revolute

5 Conduplicate



Characteristic 9 Leaf: Lamina Margin



1 Entire



5 Undulate



Characteristic 10 Leaf apex



Characteristic 11 Leaf: Pubescence



Sparse

Medium

Dense

Characteristic 13 Fruit: Calyx length (cm)

To be measured on fully developed fruits between the 5th to 8th node of determinate varieties and 9th to 11th node of indeterminate varieties from the base of the main stem from a sample size of 90 fruits.



Characteristic 14 Fruit: Calyx inflation (cm)

To be measured on fully developed fruits between the 5th to 8th node of determinate varieties and 9th to 11th node of indeterminate varieties from the base of the main stem from a sample size of 90 fruits.



Characteristic15 Fruit: Berry diameter (mm)

To be measured on fully ripened berries between the 5th to 8th node of determinate varieties and 9th to 11th node of indeterminate varieties from the base of the main stem from a sample size of 300 berries.



Characteristic16 Fruit: Berry colour (RHS colour chart)



Characteristic 17 Fruit: Number of fruits per cluster per axil

To be measured on at least 3 clusters of fully developed fruits per axil between the 5th to 8th node of determinate varieties and 9th to 11th node of indeterminate varieties from the base of the main stem from a sample size of 90 clusters.



1 Low



5 High



Characteristic 20 Seed shape

To be observed on seed harvested from fully ripened physiologically mature berries.



Characteristic 21 Seed color (RHS colour chart)



3 Light yellow (15D) 5 Vivid yellow (17D) 7 Strong orangish yellow (26A)

Characteristic 23 Plant height (cm)

Plant height shall be recorded from the base of the plant to the tallest tip of the longest shoot.



Characteristic 24 Stem: Inter-nodal distance (cm): To be measured from the base of the main stem on three consecutive nodes as defined in section IV (6) and averaging the same.





Characteristics 25 and 26 Root: Main root length (cm) and root diameter (mm)

At the widest portion on root upper part from a sample size of 30 roots just after root digging.





Characteristic 27. Root bark thickness (mm) To be recorded at the periderm of root bark from a sample size of 30 roots just after root digging.





JA-20



, NMITLI-118

Characteristic 28 Root: Outer colour (RHS colour chart)



Characteristic 29 Root brittleness

To be recorded just after root digging from a sample size of 30 roots on the slight force.



1 Brittle

3 Break with even fracture

7 Break with un-even fracture



1 Brittle

3 Break with even fracture



Break with un-even fracture

Characteristic 33: Root Polysaccharide content (Hodge and Hofreiter, 1962)

Shade-dried homogenized root powder (0.2 g) was treated with 80% alcohol to remove sugars till the washing do not give color with anthrone reagent. The well-dried residue was extracted twice at 0°C for 20 minutes with 52% perchloric acid and the supernatant was pooled to make up to 100 ml. Standards were prepared by taking 0.2,0.4,0.6,0.8 and 1 ml in each tube with water. Anthrone reagent 4ml each was used for each standard and heated at 100 °C for eight minutes, cooled by chilling and OD was taken at 630nm. Using a regression curve, glucose content was estimated. Polysaccharide content was estimated by multiplying it by a factor of 0.9.

Characteristic 34: Root Fiber content

Shade-dried homogenized root powder (2 g) was extracted with 200ml of sulphuric acid for 30 min with bumping chips and filtered through a muslin cloth. The residue was washed with boiling water until the washing are no longer acidic. Further, the residue was washed with 200ml of sodium hydroxide solutions for 30 minutes. The residue was filter through muslin cloth and washed with 1.25% H₂SO₄(25ml) and thrice with water(50ml) and finally with alcohol(25ml). The residue was incinerated in a pre-weighed crucible(W1) at 130 ± 2 °C for 2h, cooled in a desiccator and weighed(W2)it was further ignited at 600°C ±15 °C for 30 minutes, cooled in a desiccator and reweighed(W3). Crude fiber (%) was estimated as Loss in weight on ignition[(W2-W1)- (W3-W1)] *100/Weight of the samples(Maynard AJ,1970)

Characteristics 30-32 & 35-38 : Withanolide content estimation (Ayurvedic Pharmacopeia of India, 2016)

Shade-dried tissue(leaf/root) (2.0 g) was finely pulverized in a grinder and extracted thrice with 50ml of methanol-water(80:20)v/v) at room temperature by sonication for 20 minutes at 50C. The supernatant was collected, and concentrated through Rotavapour (Bucchi) to a dry powder. A sample of 10 mg of the dry powder was dissolved in HPLC grade methanol(1.0ml) filtered (through 33mm,0.22um, Millex GV) and subjected to analysis on HPLC (WATERS, Model e2695, Milford, USA) and separations were achieved using a Phenomenex Luna reverse phase column C18(250mm x4.6mm x 5um), subjected to a binary gradient elution. The mobile phase was filtered and degassed a gradient mixture of phosphate buffer and acetonitrile with 10ul injection volume at a flow rate of 1.5ml/min and UV detection at 227nm. Reference standards were obtained from ChromaDex. Withanolide glycosides (Withanoside IV and Withanoside V) and withanolide aglycones (Withaferin-A, 12-deoxywithastromonolide, Withanolide-A, Withanolide-B and Withanone) were estimated individually and the sum of these yielded total withanolides. The two solvents used for the analysis consisted of containing Phosphate buffer(A) and Acetonitrile (B). Gradient programming of the solvent system was carried out at 27 °C (API, 2016. The analysis was carried at a wavelength scan range of 190-400 nm at 227nm using Waters Empower software.

IX Literature:

1. The Ayurvedic Pharmacopeia of India Part I Volume VIII. (2016). Pharmacopoeia Commission for Indian Medicinal & Homeopathy. Ministry of AYUSH, Government of India.p28-38.

2. Hodge JE and Hofreiter BT (1962) In: Methods in Carbohydrate Chemistry (Eds Whistler, RL and Be Miller, JN) Academic Press New York.

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X Working group details:

The DUS Test guidelines are developed at CSIR-CIMAP, by the following scientists:

- 1. Dr. Praveen Pandey, Project Associate, Division of Plant Breeding and Genetic Resource Conservation, CSIR-CIMAP, Lucknow
- 2. Dr. Rakesh Upadhaya, Principal Scientist, CRC, Pantnagar, CSIR-CIMAP, Lucknow
- 3. Dr. Saudan Singh, Chief Scientist & Head Agronomy & Soil Science Div., CSIR-CIMAP
- 4. Dr. Tripta Jhang, Principal Scientist, Division of Plant Breeding and Genetic Resource Conservation, CSIR-CIMAP, Lucknow

Members of the Task Force:

Dr. K. Hima Bindu	Chairman
Principal Scientist (Plant Breeding) Section of Medicinal Crops, Indian	
Institute of Horticultural Research, Bengaluru-560089.	
Dr. R K Lal	Member
Emeritus Scientist, Division of Plant Breeding and Genetic Resource	
Conservation, CSIR-CIMAP, Lucknow-226015.	
Dr. R. Nagaraja Reddy	Member
Principal Scientist, DMAPR, Anand, Boriavi-387310, Gujarat.	
Dr. Tripta Jhang	Member
PI of DUS project & Principal Scientist, Division of Plant Breeding and	
Genetic Resource Conservation, CSIR-CIMAP, Lucknow-226015.	
Shri R. S. Sengar	Member Secretary
Deputy Registrar, PPVFRA, New Delhi-110012.	

XI DUS Test Centers:

Nodal DUS Center	Co-Nodal DUS Centre
CSIR-Central Institute of Medicinal and Aromatic	CIMAP Resource Center- P.O Dairy Farm,
Plants, P.O. CIMAP, Kukrail Picnic Spot Road,	Nagla, Pantnagar, Udham Singh Nagar,
Lucknow-226015 (UP), India	District, Uttarakhand, CSIR-Central
	Institute of Medicinal and Aromatic Plants,
	India

Nodal Officer:

Dr. Tripta Jhang, Principal Scientist, Division of Plant Breeding and Genetic Resource Conservation, CSIR-CIMAP, Lucknow.